# **JOCK CAUGHEY: Physician and Humanitarian**

## Neil Anderson,

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John Egerton Caughey, better known as Jock Caughey, had an unconventional medical career. His practice as a neurologist was combined with interests in endocrinology, the medical and social problems of alcoholism, and moral and ethical issues. He was the first person to hold an academic appointment in neurology and he had a major influence on the teaching and practice of neurology in New Zealand. His expertise in myotonic dystrophy, an uncommon muscle disease, developed from studying a patient in London early in his career until he eventually became an internationally recognised authority on the disorder. This biography also describes his experience serving with the New Zealand Army Medical Services in the Middle East and Italy in the Second World War, his role in changing how alcoholism is managed by medical professionals and how it is regarded by lay people, his part in the investigation and management of poliomyelitis, his involvement in Moral Rearmament in Asia and the Pacific Islands, his controversial views on moral and ethical issues, and his life and work in Iraq (1963-5) and Iran (1965-79) during periods of political turmoil and revolution in these countries.

If you would like to receive a free copy of Caughey's biography, please e-mail me <a href="meila@adhb.govt.nz">neila@adhb.govt.nz</a>) Publication has been funded by the Julius Brendel Trust and there is no charge for the book itself. (349 pp, 32 pages of photographs, index)

I can either give you your copy of the book at a meeting of the Auckland Medical History Society, or if you prefer for the book to be posted to you, please provide your name and postal address and reimburse the cost of postage (\$7). For rural delivery there is an extra surcharge of \$5.50. Please pay into my BNZ bank account: **02-0192-0375-770-000** (Ref. "Caughey")

### **N E Anderson**

